

THE SHUTTLE

Saturday, September 4, 2010



Photo by Mass Communication Specialist 2nd Class (EXW) Stacy D. Laseter

A Sailor watches as Sailors assigned to the aircraft carrier USS Enterprise (CVN 65) participate in a joust competition on the flight deck during a steel beach picnic sponsored by the Morale, Welfare and Recreation committee.

Big E hosts first steel beach picnic in 3 years

By MC2 (SW) Travis S. Alston
Enterprise Public Affairs

Sailors aboard the aircraft carrier USS Enterprise (CVN 65) participated in their first steel beach picnic in more than three years Sept. 3 as the ship was underway conducting work-ups and flight operations.

A steel beach picnic is an outdoor barbecue on the flight deck where Sailors can relax and enjoy some well-earned rest while underway.

Because the ship spent more than two years in the shipyard and has been rapidly moving through its work-up schedule in preparation for its upcoming deployment, an outdoor picnic wasn't possible until now.

It's not uncommon for ships to take time out of their busy schedules to focus on crew morale. Traditions such as picnics, crossing-the-line ceremonies, and captain's cup competitions provide a boost to crews accustomed to working 12- to 18-hour days

in demanding environments.

The picnic included ship's company and embarked squadrons' participation in Morale, Welfare and Recreation (MWR)-sponsored events such as inflatable jousting, volleyball, table tennis, inflatable Sumo wrestling, pie in the eye, and a bench-press competition.

Members from MWR, led by the Enterprise's "Fun Boss" Brooke A. Newton, played a major role in planning and organizing the event. Newton is a civilian aboard whose job is to provide recreation activities for Sailors.

"This is a ship-wide event and requires all hands to assist. I am planning the recreation side of things as that's my role here aboard the ship," said Newton. "But I have the help of more than 100 volunteers in addition to the Supply department Sailors to make these things successful."

Supply department's S-2 division took on the strenuous task of providing more than 4,200 Sailors and Marines with a feast of traditional barbecue-style entrees consisting of grilled Italian sausage, grilled hamburgers, grilled hotdogs, baked beans, pasta salad, assorted cookies and brownies.

"The steel beach picnic gave the Culinary Specialists (CS) a chance to show off their skills. The majority of our food preparation and services happened the night prior. The CSs prepared more than 2,000 pounds of hot dogs, 3,000 pounds of hamburgers, 500 pounds of onions, and 300 gallons of baked beans," said Chief Culinary Specialist (SW/AW/SCW) Kathryn I. Thompson, the ship's food service production chief. "It took a lot of hard work behind the scenes to make the event successful. This is where the CSs can really take pride and show the crew we really care about them

Transforming Chief Selectees Aboard USS Constitution

By Mass Communication Specialist 3rd Class Kathryn E. Macdonald, USS Constitution Public Affairs

CHARLESTOWN, Mass. (NNS) -- USS Constitution wrapped up their 13th annual Chief Petty Officer (CPO) Heritage Weeks training for CPO selectees Sept. 3

Constitution's CPO mess designed CPO Heritage Weeks to instill pride in naval heritage and build esprit de corps while selectees lived and trained aboard the oldest commissioned warship afloat in the world.

"Constitution gives the opportunity to offer a historic training platform for the newest chief petty officers and the opportunity for our crew to show what we can do for the Navy," said Constitution Command Master Chief (SW/SS/AW) David C. Twiford. "It also gives 300 selectees from around the world a chance to be mentored by 40 handpicked chiefs from around the fleet."

CPO Heritage Weeks began Aug. 23 with Constitution's crew teaching selectees, including Coast Guardsmen and Sailors from the British Royal navy, a variety of time-honored maritime evolutions.

"Constitution has been a really great host to us," said Petty Officer Clearance Diver Richard Ellis, British Royal navy. "We hope

to take away an appreciation of the training you guys go through and how you manage your Sailors. We have different platforms of leadership between our two navies, but we plan to try to cross-pollinate your methods back into our training platforms."



Selectees learned boarding pike and War of 1812 era gun drills using Constitution's traditional 24-pound naval long guns. They also learned small boat operations and how to climb the ship's shrouds.

Additionally, selectees supported the local community by helping at the New England Homeless Veterans Center, Old Soldier's Home in Chelsea, Mass., and Harvard-Kent

Elementary School in Charlestown.

"The sense of heritage and the experience really hit me when we were out in public singing 'Anchors Aweigh,'" said Chief Electronics Technician (select) (SS/DV) John H. Vallas. "To see people coming up holding their hearts and you can see in their eyes, they were really proud."

Mentor CPOs guide and train selectees as they endure the rigors of the CPO induction process.

"As a mentor chief, I hope that I instilled what it is to be a chief and the importance of taking care of your Sailors," said Senior Chief Hospital Corpsman (AW) Michael Pike. "The selectees are going through a mental challenge, changing their thought process from 'me' to 'we,' and if you want to be successful, you have to take care of your Sailors and everything will follow."

Constitution is located in the Charlestown Navy Yard in Boston. She welcomes more than 500,000 visitors a year.

For more information on Constitution, visit www.history.navy.mil/ussconstitution or <http://www.facebook.com/ussconstitutionofficial>.

'Picnic' Cont. from Pg. 1

and appreciate their hard work.”

For some Sailors aboard the ship, this event gave them an opportunity to take a breather and socialize with their peers before the ship's return to homeport.

“We were able to smile, enjoy each other's company and talk about something other than what happened at work,” said Aviation Maintenance Administrationman 1st Class (AW/SW) Courtney A. Kittrell, one of the chief petty officer selectees who assisted. “It also gives us a time to relax after working so hard.”

While some Sailors saw this as an afternoon to get away and

eat some good food, others enjoyed watching the flight deck and hangar bay transform into fun areas.

“This was my first steel beach picnic and will be something that I will remember for the rest of my career,” said Seaman Joycelyn V. Bullard. 📷

Enterprise is conducting work-ups and flight deck operations in preparation for its upcoming deployment. For more information about USS Enterprise, Carrier Strike Group 12 or Carrier Air Wing One visit www.Enterprise.navy.mil, www.ccs12.surfor.navy.mil, and www.cvw1.navy.mil. You can also visit www.news.navy.mil/local/cvn65.



Photo by Mass Communication Specialist 2nd Class (EXW) Stacy D. Laseter

Aviation Boatswain's Mate (Handling) Airman J.B. Alota of Air department plays putt-putt golf in the hangar bay of the aircraft carrier USS Enterprise (CVN 65) during a steel beach picnic sponsored by the Morale, Welfare and Recreation committee.



Photo by Mass Communication Specialist 2nd Class (EXW) Stacy D. Laseter

A Sailor assigned to the aircraft carrier USS Enterprise (CVN 65) celebrates as he wins a giant trike competition on the flight deck during a steel beach picnic sponsored by the Morale, Welfare and Recreation committee.



Photo by Mass Communication Specialist 2nd Class (EXW) Stacy D. Laseter

Sailors assigned to the aircraft carrier USS Enterprise (CVN 65) participate in a sumo wrestling competition on the flight deck during a steel beach picnic sponsored by the Morale, Welfare and Recreation committee.

On Deck

with Media



The Big E Shuttle is published and printed daily underway and weekly in port by the USS Enterprise (CVN 65) Media Department, FPO AE09543-2810. This newspaper is an authorized publication for members of the Department of Defense. Contents are not necessarily the official views of the U.S. Government. The Big E Shuttle reserves the right to edit submissions. Direct inputs and comments to MC1(SW/AW) Barry Abbott at Abbottbd@cvn65.navy.mil.

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Big E Outlook

Education Points for Advancement Exams

Education points for advancement exams do not appear on worksheets. These points are not award points. As long as the degree is in the member's SMART Transcript, they will receive credit for the degree. It is two points for an accredited associate's degree and four points for an accredited baccalaureate degree. The original transcripts must be mailed from the school to the (new) Virtual Education Center, no later than the first of the month in which the advancement exam occurs. These can not be hand-carried. The mailing address is: Commanding Officer Center for Personal and Professional Development Attn: Virtual Education Center 1905 Regulus Avenue, Ste 234 Virginia Beach, VA 23461-2009



September 4

XO movie night on SITE TV at 8:30 p.m.

September 7

Spades tournament on the aft mess decks at 8:30 p.m.

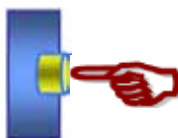
September 8

Call of Duty Modern Warfare 2 tournament on the aft mess decks at 8:30 p.m.

Underway Channels

- | | |
|-----------------------------------|---------------------------|
| 5 Training/Informational Scroll | 29 History |
| 6 SITE TV-Drama/Suspense/Thriller | 30 TLC |
| 7 SITE TV-Comedy/Romance | 31 A&E |
| 8 SITE TV-Action/Adventure | 32 E! |
| 12 ILARTS (PLAT) | 33 MTV |
| 14 ECDIS | 34 FX |
| 16 GBS | 35 NFL Network |
| 19 AFN News | 36 ESPN |
| 20 AFN Sports | 37 VS (NFL/College) |
| 21 AFN Atlantic | 38 Spike (NFL/College) |
| 22 Fox News | 39 TNT (NFL/College) |
| 23 Headline News | 40 Nat Geo (NFL/College) |
| 24 ABC East | 41 USA (NFL/College) |
| 25 NBC East | 42 AMC (NFL/College) |
| 26 CBS East | 43 IFC (MLB/NFL/College) |
| 27 FOX East | 44 SYFY (MLB/NFL/College) |
| 28 Military | 45 VHI (MLB/NFL/College) |

The Captain is now accepting questions of the day via the 'Rumor / Question of the day' button located on the Captain's page on the ship's intranet.



PROFESSIONAL MILITARY KNOWLEDGE (PMK) TRAINING
 We are here to help you prepare for your September advancement exam. PMK training sessions are conducted Monday - Friday at 1 p.m. on the forward mess decks until Sept. 12. When events or drills conflict with the training session, the training will be rescheduled for 7 p.m. that same day. For questions or concerns, please contact ET1 Schwartz or PS1 C. Brown via e-mail or 1-6560/1-7095.

Nightly ESWS training will be held in the fore'sle, Monday - Friday at 6 p.m. Boards will be held on Fridays in lieu of training as necessary.



PMK QUESTION OF THE DAY

Q: What classes of naval vessels existed at the inception of the Navy?

A: Ships of the line, frigates/cruisers and sloops of war.



ESWS QUESTION OF THE DAY

Q: What are the three types of man overboard recovery (in order)?

A: Helicopter, ready life boat and ship.

Graphic design by Mass Communication Specialist 2nd Class (EXW) Stacy D. Laseter

